



*Rotary Club of Ajax*

*P.O. Box 249*

*Ajax, Ontario*

*Saturday February 29, 2020 at 2:00 pm SHARP*



RELEASE, WAIVER and INDEMNITY FORM

**Please read and fill out in full:**

We encourage you to invite colleagues from your company or workplace to challenge other companies in a good-natured competition to build morale and instill company pride. Please let us know if you are doing the corporate challenge as there are prizes awarded for this category.

**Rules:**

- 1) Each plunge entry must have \$100 minimum in pledges per person. Use opposite side to record pledges and use additional sheets if necessary.
- 2) Plungers will raise pledges for the charitable organization chosen by the organizers - 100% of the monies will be forwarded to The Ajax Rotary Club – CHARITABLE TRUST. All pledge monies will be collected and given to officials upon registration at the event.
- 3) Wet suits, dry suits and nude plunging is strictly prohibited. Costumes and theme plunges are highly recommended.
- 4) Plungers will not consume alcohol or drugs on the day of the event, prior to plunging. Any plunger suspected of disobeying this rule will be excluded from participating in the plunge.
- 5) Plungers will be in good health to participate. Please consult a Doctor if in doubt. All plungers will carefully read and sign the liability waiver below in order to plunge- NO EXCEPTIONS
- 6) All Plungers will exit the water immediately after entry. Plungers will obey instructions of diver(s), emergency and medical personnel on-site.
- 7) Plungers must register no later than 1:30PM on the day of the plunge. The registration area is in the AJAX PAVILLON building at ROTARY PARK.
- 8) No blankets or towels will be provided by Ajax Rotary. Plungers are responsible to bring their own blanket or towel to the event. Any personal property left at the site after the event will be disposed of
- 9) Minimum Age – 16 years old. Anyone under 18 years old MUST be accompanied by an adult.

If you have questions, contact: [INFO@AJAXROTARYPOLARPLUNGE.ORG](mailto:INFO@AJAXROTARYPOLARPLUNGE.ORG)

**Waiver and Release from Liability**

In volunteering to participate, I hereby agree that this activity is, and shall be at my own risk against all casualties to myself or my property and that I take all risk of every kind. And I acknowledge that plunging into frigid water in the middle of winter is inherently dangerous and hereby release and discharge The Rotary Club of Ajax, its members agents, representatives, volunteers, contractors, officers and/or directors, their heirs, administrators, executors, or assigns, of and from all claims, demands, damages, actions or account of any loss damage or injury to me, my person or property while so participating other than any such loss or damage or injuries are caused by negligence default or misconduct by the Rotary Club of Ajax, its members, officers and/or directors.

By Signing this form, I acknowledge having read, understood and agreed to the above roles and Waiver and Release from Liability. I warrant that I am physically fit to participate in this event. Please Print

Plungers Name: \_\_\_\_\_

Plungers Address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Contact Tel #: \_\_\_\_\_

Signatures (if under 18 Parent or Guardian MUST sign)

Parent/Guardian: \_\_\_\_\_ Contact Tel #: \_\_\_\_\_